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Wednesday, November 15, 2017 metro.us | t: MetroBOS | f: M



FRIENDSGIVING

Smitten Kitchen founder Deb Perelman loves casseroles, slab pies and magnums of champagne. 14



**Boston Common
Frog Pond ice rink
opens early. 8**

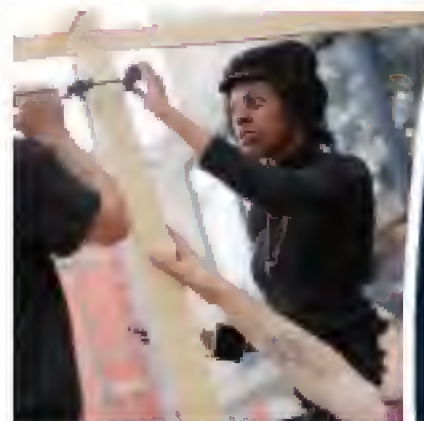
**Mass. House passes bill giving
inmates early release options. 6**



THIRSTY?

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KRISTIN TOUSSAINT, REPORTER

What if your plants could tell you exactly when they need water, before they start to wilt and die? A new MIT development makes that a reality. MIT engineers created a sensor that can be printed onto a plant's leaves and transmit information about water stress. Sounds crazy, but it could lead to huge developments in crops, MIT professor Michael Strano said. Read more inside and at metro.boston.us.

DETAILS ON N. KOREAN HACKING CAMPAIGN

The U.S. government issued a technical alert about cyberattacks it said are sponsored by the North Korean government that have targeted the aerospace, telecommunications and financial industries since 2016. The alert, from the FBI and Department of Homeland Security, said North Korean hackers were using a type of malware known as "FALLCHILL" to gain entry to computers and compromise network systems. The FBI

and DHS had issued a warning in June that squarely blamed the North Korean government for a raft of cyberattacks stretching back to 2009 targeting media, aerospace and financial sectors, as well as critical infrastructure, in the United States and globally. The alert included the publication of IP addresses the FBI said were linked to the hacking campaign and was intended to help private industry guard against the attacks.

GUNMAN KILLS FOUR IN CALIFORNIA SHOOTING

A gunman carrying a semiautomatic weapon and two handguns opened fire at multiple locations across a small Northern California community on Tuesday, killing four people before he was slain by police. At least 30 other people were wounded, including two children at an elementary school near the small town of Corning, about 100 miles north of Sacramento,

where the suspect was killed, according to police and local media. "Deeply saddened to hear of the shooting in Northern California, the loss of life, including innocent children," Vice President Mike Pence said on Twitter. "We commend the effort of courageous law enforcement. We'll continue to monitor the situation & provide federal support, as we pray for comfort & healing for all impacted."



IN SESSION

3 U.S. Attorney General Jeff Sessions acknowledged on Tuesday he was aware of contact between Donald Trump's election campaign and Russian intermediaries, again modifying a previous statement about the extent of connections to Moscow.

US AGENCIES DETECTED KASPERSKY SOFTWARE

4 About 15 percent of U.S. federal agencies have reported some trace of Moscow-based Kaspersky Lab software on their systems, a Department of Homeland Security (DHS) official told Congress on Tuesday. Jeanette Manfra, assistant secretary for cybersecurity at DHS, told a U.S. House of Representatives panel that 94 percent of agencies had responded to a directive

ordering them to survey their networks to identify any use of Kaspersky Lab products. The administration of President Donald Trump ordered civilian U.S. agencies in September to remove Kaspersky Lab from their networks, amid worries the antivirus firm was vulnerable to Kremlin influence and that using its anti-virus software could jeopardize national security.

SERIAL KILLER COULD BE BEHIND TAMPA SHOOTING

5 Police in Tampa, Florida, were investigating whether a fatal shooting on Tuesday could be linked to a possible serial killer who is feared to have murdered three victims in a string of night attacks terrorizing a city neighborhood. The 60-year-old victim, Ronald Felton, was shot from behind shortly before 5 a.m. as he was crossing a street in central Tampa's Seminole Heights area, interim

Tampa Police Chief Brian Dugan told reporters. "Right now we are treating it as though it is related [to the previous killings] until we can rule otherwise," Dugan said. Three people were shot to death in Seminole Heights last month, two of them while waiting at bus stops. Dugan described the gunman as a black male with a thin build, dressed in black and wearing a black baseball cap, and said he likely lived in the area.

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Thanks to this new MIT device, you will never kill plants again

The technology can predict droughts and let farmers and gardeners know when their plants are dying, long before they wilt.



KRISTIN TOUSSAINT
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Some people have a green thumb, and others forget to water their houseplants and garden plots until all the leaves are wilting and it's too late to save them.

But what if your plant could tell you when it needs water? That may be the future, thanks to engineers at the Massachusetts Institute of Technology.

MIT engineers have developed a sensor that can be "printed" onto a

plant's leaf and transmit data from the plant itself about if it's experiencing water stress.

That sensor contains electronic circuit nanotechnology and is about five times thinner than a human hair, said Michael Strano, an MIT chemical engineering professor and the senior author of the new study on the development. The sensor sits on top of the plant's "stomata," the small pores found on leaves.

"If you look on the surface of a leaf, you'll see millions of little pores that actually look like eyes, and they actually open and close in real time," he said.

These pores help hydrate the plant by opening to evaporate water. "You can think of it as the plant is drinking," Strano said. "It evaporates water



Artist's rendering of the sensor composed of conductive ink printed across a stoma with two micropillars. COURTESY OF BETSY SHIMP

through the pore and that evaporation pulls water up from the soil."

Plants start to die from lack of water days before they visibly wilt, if they

even wilt at all, Strano said — and these pores show the earliest signs of drought. To develop this technology, Strano and his coauthor Volodymyr

Koman stopped watering a peace lily plant and noticed a change in how those pores function.

"What ended up happening, way before the plant starts to wilt we see that the pores will open slower," he said. "Because the plant uses water potential to open and close this pore, [when there's no water], the plant is almost drowsy, like a sleepy child whose eyes are opening and closing slowly."

That drowsiness, or latency, helps predict if the plant is in a water shortage before it starts dying. Strano is working on developing a small sticker that contains the sensors, so the amateur gardener can put it on their plants and monitor them via their phone.

Aside from that one gardener, this has huge implications for our

food system, Strano said. First, it can help predict droughts so farmers better able to rescue their crops.

Second — and to Strano, more importantly — these sensors can help scientists specifically identify plants that are good at handling lower amounts of water.

"The hope is that by doing this we could crossbreed plants that can flourish and provide food under conditions where the water is not as available, creating crops that are more resistant to drought," he said. "The definition of what a drought is can start to change, and if the weather changes, if the climate changes, the food yield won't drop as much, and it can be a piece of the puzzle for food security for the world."



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Mass. House passes bill giving inmates early release options

By participating in rehabilitation programs, prisoners now can potentially shorten their sentences.



Under the new bill, which was filed by Gov. Charlie Baker in February, sentence deductions for participation in educational, training, work release and other programs could substantially reduce the time people spend in jails or prisons. GETTY IMAGES

The Massachusetts House unanimously approved legislation Monday that would allow inmates in state jails and prisons to shorten their time behind bars by participating in rehabilitation programming, a major policy shift intended to reduce recidivism.

The bill (H 4012), filed in February by Gov. Charlie Baker at a joint appearance with legislative leaders, came after they partnered with the Council of State Governments (CSG) to conduct a review of the justice system. It passed the House 151-0 with no debate.

The vote kicked off what is expected to be two days of House debate over broader criminal justice reform legislation (H 4011).

The Legislature has until Wednesday to act on major legislation for the year, but a spokesman for Senate President Stanley Rosenberg told the News Service the Senate has no intention of passing the CSG bill this week to get it to the governor's desk before the holiday break.

"We will not be doing CSG this week," spokesman Pete Wilson said.

Baker in late October said he would "love" to see the CSG bill reach him before the break since there was "already consensus" among legislative leaders, but there's a possibility the CSG bill

will get caught up in what are expected to be lengthy House and Senate deliberations over the more expansive reform bills.

Under the CSG bill, sentence deductions for participation in educational, vocational training, work-release and other programs could substantially reduce the time people spend in jails or prisons, cutting incarceration costs while helping inmates prepare for life outside of prison.

House Judiciary Committee Co-chair Rep. Claire Cronin (D-Brockton) said program participation and supportive supervision would help people succeed after they are released from prison and help the state address the problem of people leaving correctional facilities and being re-arrested, re-convicted and re-incarcerated. The bill also aims to reduce the number of people held pre-trial by utilizing community correction centers.

The CSG has estimated the bill, if adopted, will help reduce recidivism in Massachusetts by up to 15 percent over the next six years, Cronin said in her introduction of the bill on the floor.

House Speaker Robert DeLeo had long ago signaled his intentions to separate the so-called CSG bill from more expansive legislation that took months to prepare, and the Senate left the provi-

sions out of its sentencing, bail and criminal statute reforms that passed the upper chamber more than two weeks ago.

At a rally outside the House chamber, House Majority Whip Byron Rushing urged clergy leaders to rally for broader reforms. The Greater Boston Interfaith Organization is pressing for changes in state laws governing bail amounts, solitary confinement, mandatory minimum drug sentencing, and fees and fines.

But the measures in the CSG bill are significant, Rushing said.

"There are reforms in that bill that we would never have done in this state five years ago. People who have mandatory minimums now, once this bill is signed by the governor, will be able to get good time if they participate in programs in prisons," he said.

Good time allowances in the bill also could reduce the amount of time people spend on probation, Rushing said.

Rep. Russell Holmes (D-Mattapan) said the Black and Latino Caucus was strongly behind the CSG bill and other reforms, and against amendments that he said "will hurt us as communities."

"CSG does not go far enough," said Holmes. He told ralliers, "Go knock on some doors. Act like you own this building because you do."

**"Go knock
on some
doors. Act
like you own
this building
because you
do."**

Rep. Russell Holmes

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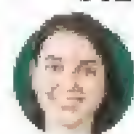


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Revere husband pleads not guilty to killing Lynn school teacher

Andrew MacCormack was charged with first-degree murder for the death of 30-year-old Vanessa MacCormack.



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The Revere man accused of strangling and stabbing his beloved second-grade teacher wife was ordered held without bail after being arraigned on first-degree murder charges in Suffolk Superior Court on Tuesday.

Andrew MacCormack, 29, pleaded not guilty to the murder of 30-year-old Vanessa MacCormack, a second-grade teacher in Lynn who was found by police on Sept. 23 face down on her bedroom floor "with significant trauma to her head and neck."

Vanessa MacCormack suffered multiple stab wounds to the back and sides of her neck, multiple slash wounds to the front of her neck and broken bones and cartilage inside her neck, Assistant District Attorney Ian Polumbaum, who is chief of the DA's Domestic Violence and Sexual Assault Unit, said in court.

Polumbaum said that he believes the homicide followed "some conflict in the marriage" around financial problems and that he suspected that drug use was a factor. Though denied by Andrew MacCormack, the

drug use was "confirmed by the investigation." The two had a 1-year-old daughter together.

Vanessa MacCormack had planned to sell the couple's house, the investigation discovered, and considered a divorce because Andrew MacCormack had "ruined their lives," Polumbaum told the court.

"I hate you so much you've ruined [the baby's] life because she won't have her parents together," Vanessa wrote in an Aug. 31 text, according to court documents. "I'll talk to [someone] tomorrow about listing the house and I'll look into divorce lawyer," she wrote. MacCormack responded by calling her "crazy" and said he refused to sign anything.

Prosecutors say that on Sept. 23, Andrew MacCormack met someone in East Boston to buy cocaine and returned home after having stopped in a parking lot for about 30 seconds.

During that, he sent texts to Vanessa MacCormack's phone and was also in touch with her mother, though the evidence suggests that Vanessa MacCormack was already dead when that occurred.

When entering his home, Andrew MacCormack was on the phone with her mother and allegedly said that Vanessa MacCormack's keys and car were there. He then said that she was on the floor, and asked her mother to call 911. Her mother told him to perform CPR, prosecutors

said, at which point he allegedly said that she was dead.

Revere and state police found Vanessa MacCormack on the bedroom floor. There

were no signs of forced entry, officials said, and investigators also noted a "strong smell of bleach inside the home."

On Vanessa MacCormack's body was a

chemical burn consistent with bleach, and Andrew MacCormack was complaining of a rash that he claimed was from a new detergent. No bleach or bleach con-

tainers were found inside the home, but traces of blood were found on his steering wheel, driver's seat and door.

The case returns to court on Dec. 12.

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Andrew MacCormack, charged with killing his wife, cries in court on Sept. 27, 2017. GETTY IMAGES



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Boston Common Frog Pond ice rink opens early for winter 2017 skating

It has been cold; some would argue too cold for November. But, the recent freezing temperatures have a silver lining — ice skating.

Thanks to the remarkably cold weather, the Boston Common Frog Pond ice rink was able to have its earliest opening of the season on Tuesday. To celebrate the rink's opening, the Common offered free skating for the entire day.

Regular winter admission is \$6 for skaters over 58 inches; skaters under that height can skate for free. Skate rental fees cost \$12 for adults and \$6 for kids.

Boston Frog Pond winter hours

- Monday: 10 a.m. to 3:45 p.m.
- Tuesday through Thursday: 10 a.m. to 9 p.m.

- Friday and Saturday: 10 a.m. to 10 p.m.
- Sunday: 10 a.m. to 9 p.m.

Boston Frog Pond events 2017
Nov. 30 at 5 p.m.: Olympic figure skater Scott Hamilton performs at the ice rink before the annual Christmas Tree Lighting on the Common.

Every Tuesday, 6 p.m. - 9 p.m.: College nights offer half-priced skating admission for students with a current college ID.

Dec. 31, 6 p.m. - 7 p.m.: First Night Boston offers a free figure-skating ice show featuring competitive skaters.

MORGAN ROUSSEAU



Emily Maynard, a student at Suffolk University, gets ready for some skating.



Danny Martinez of Boston wipes out.



Katherine Welch from BC and Charles Barrett from the JFK School skate by.



Stacey Anderson from Arlington helps her daughter Cora (2) get on the ice for her 1st time skating.
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The FDA just approved the use of a 'trackable' pill

Is Big Brother coming to medicine?

MEAGAN MORRIS
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Do you constantly forget when — and if — you took your medication? A type of pill approved by the U.S. Food and Drug Administration might be right up your alley.

The FDA will allow the makers of Abilify MyCite aripiprazole, a medication prescribed to treat schizophrenia and manic episodes, to sell the tablets outfitted with an ingestible sensor that "activates when it reaches stomach fluids and communicates with the patch," according to the FDA. This allows doctors, patients and their families insight on when (and if) the medication was taken.

The medication is not tracked in real time. It takes anywhere from 30 minutes to two hours for the sensor to relay information back to a wearable patch, according to the FDA. The information is then accessible via a smartphone app. However, there isn't a 100 percent guarantee that the medicine will always track correctly.

The FDA says the pill's tracking feature



The FDA says the tracking feature of a newly approved pill (not pictured) will be useful for certain types of patients, including adults with depression, bipolar disorders and schizophrenia. GETTY IMAGES

will be useful for certain types of patients, including adults with depression, bipolar disorders and schizophrenia, a devastating mental illness that affects up to 1 percent of adults in the United States.

"The FDA supports the development and use of new technology in prescription drugs and is committed to working with companies to understand how this technology might benefit patients and prescribers," the FDA's Mitchell Mathis said in a statement.

"The goal [is] allowing physicians to be more informed in making treatment decisions that are specific to the patient's needs."

The FDA, on the new pill

The trackable medication isn't yet shown to improve patient compliance, according to the FDA, but taking it can give the patient and caregivers important information "with the goal of allowing physicians

to be more informed in making treatment decisions that are specific to the patient's needs."

The sensor likely won't change the size of the tablets, either: It's about the size of a grain of sand.

Kevin Spacey is having a great time in rehab

Remember when Kevin Spacey responded to allegations of sexual assault by trying to distract the masses with a coming-out statement? Well, the 58-year-old actor has taken to the Meadows — a rehab clinic that's the go-to for troubled stars who want to act as if they're changing their image. No, seriously — Harvey Weinstein is reportedly seeking treatment there. As if you could treat symptoms of harmful patriarchal structures for \$28,000 a month!

They're not the only ones, either. Celebrities — from Selena Gomez to Kate Moss — have long sought treatment at the clinic, which treats sex addiction, drug addiction, eating disorders, alcoholism and more with New Age-influenced therapy, yoga, riding lessons and a plethora of stuffed animals to cry into.

Sounds like a great time, honestly.



Doesn't sound like much of a punishment.
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the word



Jordin Sparks secretly wed, got pregnant

Jordin Sparks is just another brave woman willing to procreate during the precarious Trump administration. That's right: The "American Idol" alum is expecting and she also got married while you weren't looking. Sneaky! The 27-year-old secretly wed 25-year-old aspiring model Dana Isaiiah in July, surround-

ed by the sights of Hawaii and a small group of close friends.

Sparks met Isaiiah's family in February. After their respective mothers set them up over text, the now-couple met face to face in April. "A couple days after we had actually met, I was like in my head 'That's going to be my husband! That's my husband right there.'" Sounds too soon, but what do we know about love? That's right, nothing.

Congratulations to this beautiful couple that barely knows each other. And good luck, also.

Meghan & Harry still aren't engaged, BTW



This has been your weekly update.

First things first: No, Meghan Markle and Prince Harry — the hot ginger royal we all know and love, in that faraway way you have affection for people you don't actually know — are still not engaged. But maybe they will be soon — especially when you consider that Markle is maybe leaving "Suits."

Deadline reports that Markle and co-lead Patrick J. Adams are both eyeing exits from the series after seven seasons. Markle, for one, is honestly too busy to continue being an actress, because dating a royal takes a lot of time out of one's schedule. You understand.

Many people are

taking Markle's potential exit as a sign that she and Harry are really actually getting engaged this time. But let's think about that for a second. Why would they get engaged when there could just be rumors of them getting engaged for the rest of time, you know?

Keegan-Michael Key is off the market, again

Keegan-Michael Key is engaged to be married. And the "Friends From College" and "Key & Peele" star is so serious about this affair that he got a representative to talk to Us Weekly about it. Like, chill, brah.

The magazine confirms that Key proposed to his girlfriend, producer-director Elisa Pugliese, and she said yes. The 46-year-old and his newish lady have attended

red carpets together, but mostly have stayed mum about their relationship.

This will be his second go in the merry-go-round that I like to call wedded bliss followed by, "Oh wait, what have I done?" Key was married to Hollywood dialect coach Cynthia Blaise for 17 years. They separated in November 2015 and filed divorce papers in December of that year. Neat-o!

So yes, let's heap on more congratulations for yet another couple we don't know. As they kids say, mazell!



Neat!

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Gotham Chopra talks Tom Brady, anthem protests and 'Religion of Sports'

The Boston filmmaker's docuseries returns this week.

MATT JUUL
@RunTheJuuls
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Fans treat game day almost like a religious service in this neck of the woods, and few people know that better than Gotham Chopra.

The Boston-born filmmaker and son of alternative medicine physician Deepak Chopra examines the spiritual impact of sports on athletes and society at large with his docuseries "Religion of Sports," which returns for season two Nov. 15. Alongside executive producers Tom Brady and Michael Strahan, Chopra is taking a deep dive into lesser-known corners of the sports world with the



Gotham Chopra. PHOTOGRAPH BY [unreadable]



"Religion of Sports" returns Nov. 15 at 8 p.m. on the AT&T Audience Network. GETTY IMAGES



Tom Brady. GETTY IMAGES

new season, highlighting top performers in arenas ranging from fencing to prison baseball.

"These are not sports where even the top athletes, the best, the people who are as good at their sport as LeBron James is at his, they're not making millions of dollars," Chopra tells Metro. "There's an implicit [question of], 'Well, why do they do it?'"

That's an interesting thing to explore."

Aside from figuring out what makes these athletes tick, the series also looks at how sports can take on spiritual roles in the lives of fans. Chopra admits that the religious fervor of fans can sometimes lead to divisive moments, such as the recent controversy around the national anthem protests in the NFL.

Although some athletes have tried to use their platform to make broader statements about the criminal-justice system, the message gets lost at times. Certain sectors of fandom seem to take the protests as affronts to the ideals they feel are exemplified by their beloved pastime.

"We've woven these issues of patriotism, loyalty and everything into the

NFL, and that's not unlike religion, where these issues of identity and even nationalism are stitched in," Chopra says. "What are they actually protesting? They're not protesting the lack of loyalty to the country, they're protesting criminal justice. But the point is, it doesn't really matter because once you get in it, reason – and that's the same in religion

– it sort of fades away."

Chopra acknowledges that fans will often deify their favorite stars as well, something he knows all too well as a fan of Boston sports. While not every athlete can handle the pressure of being put on a pedestal, Chopra believes veterans like Brady and David Ortiz know how to keep themselves grounded despite the fame and fortune.

"There's this part of them that exists in a cultural context of being the quarterback for the Patriots or Big Papi being the icon for the Red Sox," Chopra says. "They do feel that weight of responsibility, and it's addictive in its own way because they're competitive."

He adds, "Then there's this part of them – you know what Tom is? A dad, a husband, a guy who's just like everyone else."

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Rob Reiner declares the rom-com dead

They just aren't serving "what she's having" anymore.

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When the director behind some of the most beloved romantic comedies (including "When Harry Met Sally...") declares the end of the genre, I can't help but reflexively reach for the tissues to mourn the loss. But Hollywood has evolved.

"I started Castle Rock with four partners in 1987, and we've made over 130 movies," Rob Reiner says. "Not one of them would ever get made at a studio. And I'm talking 'City Slickers,' 'A Few Good Men' ... any of them."

What's behind the shift from these classics to today's box office cat nip? Blame it on the franchise funnel.

"Studios are only making movies with the word 'man' and a number in the title," continues Reiner. "Like 'Batman 7,'



Meg Ryan and Billy Crystal in the 1989 classic.
COLUMBIA PICTURES

'Iron Man 4,' 'Spider-Man 2,' 'Superman 11' — if there's a 'man' and a number, and at least now, what with 'Wonder Woman,' a 'woman' and a number, they'll make it."

Consider "When Harry Met Sally..." started two relatively unknown leads. Meg Ryan was no star, and Billy Crystal was only known on the comedy circuit. "If you tried to make a romantic comedy that was somewhat representational of what men and women are like with each other today, well 'good luck!'" he says.

Another pitfall of the

cinema scene today is the dearth of clever copy.

"You need people that are witty and brilliant, and have great observational powers about men and women, and how they relate to each other," Reiner reminisced, calling out the genius of Nora Ephron. "Studios just aren't interested in these movies."

It's not all doom and gloom for the industry (and for us fans of a classic rom-com). Reiner sees great things being made on independent screens with independent purse strings. "If you look at the

Oscars," he says, "none of them are financed by studios."

Good to hear. Because I like romantic comedies the way I like my pie.

"Heated, but I don't want the ice cream on top, I want it on the side, and I'd like strawberry instead of vanilla if you have it; if not then no ice cream, just whipped cream — but only if it's real. If it's out of the can, then nothing," in the words of Sally Albright back in 1989.

"Not even the pie?" asked her waitress.

"No, I want the pie. But then not heated."

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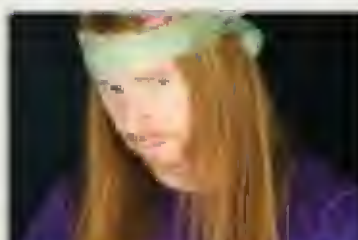
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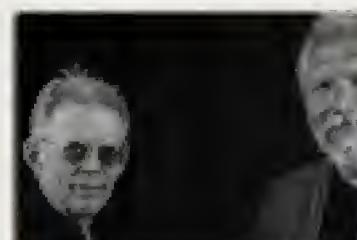
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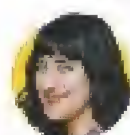
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The Smitten Kitchen guide to Friendsgiving

Chocolate pecan slab pie
DEB PERELMAN/SMITTEN KITCHEN

Smitten Kitchen founder Deb Perelman loves casseroles, slab-pies and magnums of champagne.



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Since its start in 2009, Smitten Kitchen has been the go-to site for

home cooks in need of easy and delicious recipes. So with the biggest cooking holiday of the year coming up, naturally we turned to the blog's beloved founder, Deb Perelman, for advice. The chef, who recently released her second cookbook, "Smitten Kitchen Everyday: Triumphant & Unfussy New Favorites," gave us her tips for a

triumphant and unfussy version of Thanksgiving's more superior iteration — Friendsgiving. Here's how to host one, Smitten Kitchen-style.

Casseroles all the way
The 1950s are still alive in Perelman's kitchen. The New Yorker says she's a big fan of anything that can be cooked in a big casserole dish —

easy to make in advance, stacks well in the fridge, reheats quickly and of course, allows you to make large quantities to feed your guests rather than slaving over several smaller side dishes. She likes to make at least one rich gratin dish, like her root-vegetable gratin, which combines sweet potato, Yukon gold potatoes and celery root with gratin and heavy cream. And she says her homemade green bean casserole is always a hit.

Sheet pies, y'all.
The casserole mentality goes for desserts, too. "Eight wedges of pie is not enough for most people's Thanksgiving," she says. Instead, make Tina Fey proud with sheet-pan style pies (#sheetpieing?) which you can cut into

squares and which yield plenty of leftovers. In her new cookbook, Perelman has a recipe for chocolate pecan slab pie and on her website, a pumpkin slab pie with a cheesecake swirl.

F— a cheese plate
"I don't like going to a cheese store and spending \$100 on cheese wedges," says the no-nonsense chef. Appetizer-wise, she'll provide olives and grapes, and bake a large gooey Camembert — "the \$3 stuff from Trader Joe's" — stuffed with herbs and garlic, which guests descend upon with crackers and devour instantly.
Grab a case of wine
Perelman recommends getting a case of wine — a mix of red and white — from your neighborhood

liquor shop, which will likely give you a discount for the bulk order. Your guests will probably still bring booze, but if you start with an ample amount, then you can avoid stressing about running out. She also loves to kick off the night with a champagne toast: Rather than opening three or four bottles, go for a couple magnums of bubbly.

Potluck rule of thumb
The master chef usually cooks everything herself, but if guests do want to contribute, here's her rule: "If you have some dish that [you feel] it's not Thanksgiving without it, then bring it."

Make conversation the main event
Perelman is not a games person. "I like the idea of conversation being the focus and the food being what fills you up," she says. "You catch up, tell your friends what's happening in your life and try not to talk about the election."

You can see Deb Perelman talk about "Smitten Kitchen Everyday" on Friday, Nov. 10 at Books Are Magic and on Dec. 1 at the 92nd St. Y.

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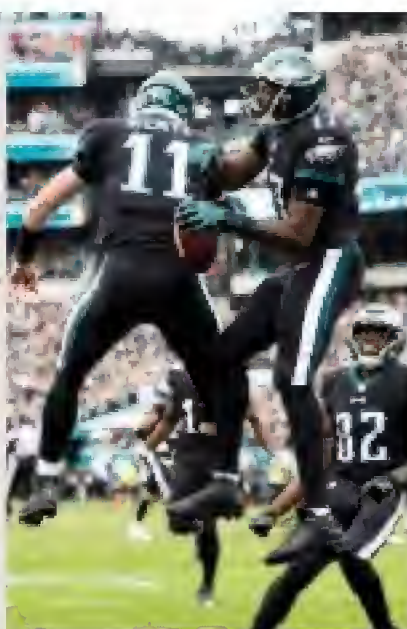


NFL power rankings | by Luke Miller

No. 1

Eagles 8-1 (bye)

The NFL got a taste of adding Jay Ajayi to what was already a top five rushing attack when he sprinted for a 46-yard touchdown on the handful of carries he was given against Denver. Now the Eagles have had their bye to fully integrate Ajayi.



No. 2

Saints 7-2 (W vs. BUF)

After they began the season unable to score in the red zone, the Saints had four touchdown runs of three yards or less Sunday in Buffalo. On defense they held the Bills to 198 yards, a large chunk of them coming in garbage time.

No. 3

Patriots 7-2 (W vs. DEN)

It was a night of records for the Pats in Denver. Tom Brady passed Peyton Manning with his 86th career road victory. The Patriots tied their own AFC record of 12 straight road wins. And Bill Belichick moved into a tie with Tom Landry for most wins.

No. 4

Rams 7-2 (W vs. HOU)

A week after Robert Woods had 70 yards and two scores against the Giants, he upped the stakes with 171 yards and another pair of scores against Houston. Offensive threats are coming out of the woodwork for Jared Goff, who had a career-best 355 yards against Houston.

No. 5

Vikings 7-2 (W vs. CHI)

With Mike Zimmer refusing to say who will start going forward, the Case Keenum vs Teddy Bridgewater argument hangs in limbo. Keenum is the Vikings third string QB. Bridgewater was their first round pick and the future of the franchise. But they're 7-2 with Keenum.

No. 6

Panthers 7-3 (W vs. MIA)

The Panthers racked up 548 yards — a franchise record — Monday, a clear sign to the league that they're more than just a defense with Cam Newton. Though, their star QB did contribute 254 yards passing, 95 rushing, and four touchdowns.

No. 7

Steelers 7-2 (W vs. IND)

Ben Roethlisberger had under 250 yards passing, Le'Veon Bell had 80 yards on 3.1 yards per carry, and Antonio Brown had 47 yards receiving. They pulled together, but the Steelers remain the high ranked team most likely to throw out a dud because of performances like this.

No. 8

Jaguars 6-3 (W vs. LAC)

The Jaguars have their first three-game winning streak since 2013. To get it, they survived taunting calls on Marquise Lee and Aaron Colvin that jeopardized the game's ending. A fake punt gave them most of their rushing attack on a day where Leonard Fournette was held in check.

No. 9

Seahawks 6-3 (W vs. ARZ)

Richard Sherman became the latest victim in a season of stars suffering season-ending injuries when he ruptured his Achilles. Sherman's streak of consecutive games played comes to an end at 105 — an impressive legacy of playing through injuries that finally caught up to him Thursday.

No. 10

Chiefs 6-3 (bye)

The Chiefs have endured a rough time since their 5-0 start, but things could be looking up: they leave their bye with both Andy Reid's vaunted post bye week success and games against the Giants, Bills, and Jets to look forward to.

Best of the rest

- 11 — Falcons (5-3)
- 12 — Lions (5-3)
- 13 — Cowboys (5-4)
- 14 — Titans (6-3)
- 15 — Redskins (4-5)
- 16 — Bills (5-4)
- 17 — Ravens (4-5)
- 18 — Raiders (4-5)
- 19 — Packers (5-6)
- 20 — Jets (4-6)
- 21 — Cardinals (4-5)
- 22 — Chargers (3-6)
- 23 — Buccaneers (3-6)
- 24 — Colts (3-7)
- 25 — Dolphins (4-5)

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FANTASY FOOTBALL ADVICE

Fantasy football advice ahead of Week 11.

Flexy Remy

With Mike Gillislee firmly entrenched on Bill Belichick's bench in New England, the freshly-healthy Rex Burkhead made an impact for the Patriots in Week 10. He turned 10 carries into 36 yards on the ground and added in three catches for 27 more yards and a score, proving how capable he is as a dual-threat back. While it's hard to believe that Belichick would ever truly feature one running back, Burkhead has a much better shot at fantasy production every week given the fact that he is so effective both on the ground and through the air. While James White is still in the mix as a pass-catching option, Tom Brady uses his running backs so effectively

BILL DUBIEL

Bill Dubiel is a fantasy football expert and lead NFL columnist for Rotoballer.com.



and often that it's very possible for multiple backs to carry fantasy value. Burkhead should be a top waiver claim this week, and will carry high-end flex value going forward, with the poten-



Rex Burkhead has been coming on strong for the Patriots. GETTY IMAGES

tial for much more if he is given more opportunities on the ground.

No. 1 Bear

Recently acquired from the Chargers in late Oc-

tober, Dontrelle Inman made a big impact in his first active game for the Chicago Bears. Inman tied for the team lead in targets with eight, and parlayed those into 88 yards on six catches in Week 10. Both of those stats led the team, and it appears that Inman will

be a cog in the offense moving forward.

Down on Dez

Dez Bryant is a WR1 in name only these days, although most casual fantasy players likely wouldn't recognize that. Despite being the best wide receiver on one of

Pickups of the week

Austin Ekeler, RB, Chargers
Ekeler exploded with a two-touchdown game in Week 10 and is earning more touches in the Chargers offense.

Corey Coleman, WR, Browns
Coleman has big-play potential that could make him a worthy bench stash for teams looking at the playoffs.

Julius Thomas, TE, Dolphins
Thomas has scored a touchdown in back-to-back games and Miami is suddenly pass-happy. Thomas is great red zone weapon.

the best offenses over the last two years, Bryant has settled into a role as an every-week WR2. He simply doesn't have the multi-touchdown upside he has had in years past, mostly due to the fact that the Cowboys live and die with their run game.

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
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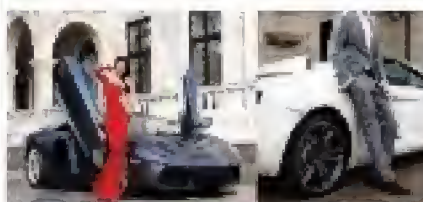
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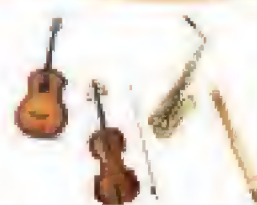
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LEGAL NOTICES

MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Olasehinde Ogundipe and Adenike Ogundipe to Mortgage Electronic Registration Systems, Inc., as nominee for Lighthouse Mortgage Company Ltd., its successors and assigns, dated December 31, 2002 and recorded with the Suffolk County Registry of Deeds at Book 30246, Page 310, as affected by a Loan Modification recorded in said Registry of Deeds at Book 52463, Page 191, subsequently assigned to EverHome Mortgage Company by Mortgage Electronic Registration Systems, Inc., as nominee for Lighthouse Mortgage Company Ltd., its successors and assigns by assignment recorded in said Suffolk County Registry of Deeds at Book 46284, Page 283 and subsequently assigned to Green Tree Servicing LLC by EverBank as successor by merger to EverHome Mortgage Company by assignment recorded in said Suffolk County Registry of Deeds at Book 53173, Page 308; of which Mortgage the undersigned is the present holder for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 1:00 PM on November 29, 2017 at 32 Old Morton Street, Boston (Mattapan), MA, all and singular the premises described in said Mortgage.

TO WIT:

The land and buildings thereon, in Dorchester, Suffolk County, Massachusetts, bounded and described as follows: Beginning at a point on the Easterly side of Old Morton Street at the corner of Lot A and Lot B as shown on said plan; thence; WESTERLY by Old Morton Street as shown on said plan, fifty and 00/100 (50.00) feet, thence; SOUTHERLY by land now or formerly of Rue as shown on said plan, one hundred thirty-one and 50/100 (131.50) feet, thence; EASTERLY by land now or formerly of Girivids as shown on said plan, twenty-one and 62/100 (21.62) feet, thence; NORHTERLY by Lot A as shown on said plan, forty-one and 50/100 (41.50) feet, thence; EASTERLY by Lot A as shown on said plan, fifteen and 56/100 (15.56) feet, thence; NORTHERLY by Lot A as shown on said plan, three lines totaling ninety-two and 27/100 (92.27) feet to the point of beginning. Containing 5,109 square feet of land being shown as Lot B on a plan entitled "Subdivision Plan of Land in Boston, MA (Dorchester District)" dated December 5, 2002, by Toomey-Munson & Associates, Inc., and recorded at Suffolk County Registry of Deeds herewith. Lot B being a portion of the land of Bowen in a deed recorded at Suffolk County Registry of Deeds at Book 21026, Page 166. Being the same premises as conveyed by deed of LaRosa Development Corporation to be recorded herewith. For informational purposes only property is also shown as lot B on Plan Book 30246 Page 308 a/k/a Plan No 1 of 2003.

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, liens, attorney's fees and costs pursuant to M.G.L.Ch.183A, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms if any, to be announced at the sale.

Ditech Financial LLC fka Green Tree Servicing LLC
Present Holder of said Mortgage,
By Its Attorneys,
ORLAND PC
PO Box 540540
Waltham, MA 02454
Phone: (781) 790-7800
16-000974

November 8, 2017, November 15, 2017 and
November 22, 2017

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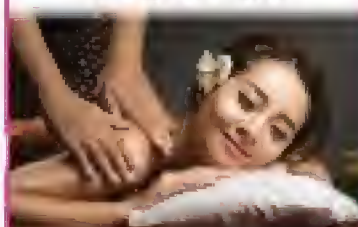
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MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Raymond Smith Sr. to Option One Mortgage Corporation, a California Corporation, dated February 3, 2005 and recorded with the Suffolk County Registry of Deeds at Book 36431, Page 336 subsequently assigned to Wells Fargo Bank, National Association, as Trustee for Option One Mortgage Loan Trust 2005-2, Asset-Backed Certificates, Series 2005-2 by Sand Canyon Corporation F/K/A Option One Mortgage Corporation by assignment recorded in said Suffolk County Registry of Deeds at Book 50614, Page 197; of which Mortgage the undersigned is the present holder for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 2:00 PM on November 29, 2017 at 25 Alpine Street, Unit 10, Boston, MA, all and singular the premises described in said Mortgage.

TO WIT:

the Condominium Unit known as Condominium Unit Number 10 (hereinafter called the "Subject Unit"), in the Condominium known as Alpine Village Condominium, a Condominium (hereinafter called the "Condominium"), established by Master Deed recorded on December 17, 2004 in the Suffolk County Registry of Deeds at 12:36 pm in Book 36121, Page 183 (hereinafter called the "Master Deed"). The post office address of the Condominium is 25 Alpine Street, Boston, Suffolk County, Massachusetts 02126. The land is described in said Master Deed. This Deed, the Subject Unit and the Condominium are subject to the provisions of Massachusetts General Laws, Chapter 183A (the "Condominium Unit"). The Subject Unit is shown on the Master Plan of the Condominium filed in the Suffolk County Registry of Deeds and on the Unit Plan of the Subject Unit, which is attached hereto as Exhibit A, and the verified statement of a registered architect in the form required by Massachusetts General Laws, Chapter 183A, Section 8 and 9, that is affixed to said Master Plans and Unit Plan. The Subject Unit is hereby conveyed together with: 1. An undivided One and 90/100 Percent (1.90%) interest in the common areas and facilities of the Condominium described in the Master Deed appertaining to the Subject Unit and one (1) unassigned parking space; 2. An easement for the continuance of all encroachments by the Subject Unit on the adjoining units or on the common areas and facilities existing as a result of construction of the Building, or that may come into existence hereafter as a result of: (a) settling of the Building; or (b) condemnation or eminent domain proceedings, or (c) alteration or repair of the common areas and facilities or any part thereof made pursuant to the provisions of the Master Deed as the same may be from time to time amended, or the provisions of the Declaration of Trust of the Alpine Village Condominium Trust as the same may be from time to time amended; or (d) repair or restoration of the Building or any Unit therein after damage by fire or other casualty; 3. An easement to use all pipes, wires, flues, ducts, conduits, plumbing lines and other portions of the common areas and facilities located in the other units and serving the Subject Unit, and 4. The exclusive easement and right to use storage area numbered 10, located in the ground floor of the Condominium. The Subject Unit is hereby conveyed subject to: 5. Easements in favor of the adjoining units and in favor of the common areas and facilities for the continuance of all encroachments of the adjoining units or common areas and facilities on the Subject Unit-existing as a result of construction of the Building or that may come into existence hereafter as a result of: (a) settling of the Building; or (b) condemnation or eminent domain proceedings; or (c) alteration or repair of the common areas and facilities or any part thereof made pursuant to the provisions of the Master Deed as the same may be from time to time amended, or the provisions of the Declaration of Trust of the Alpine Village Condominium Trust as the same may be from time to time amended; or (d) repair or restoration of the Building or any unit therein after damage by fire or other casualty; and 6. An easement in favor of the Owners of other units to use all pipes, wires, flues, ducts, conduits, plumbing lines and other portions of the common areas and facilities located in the Subject Unit and serving the other units; 7. The provisions of the Master Deed and Master Plans of the Condominium recorded simultaneously with and as part of the Master Deed, and the provisions of the Declaration of Trust of the Alpine Village Condominium Trust and the Bylaws and Rules and Regulations thereto (which Declaration of Trust of the Alpine Village Condominium Trust, Bylaws and Rules and Regulations, dated November 22, 2004, recorded on December 17, 2004 in the Suffolk County Registry of Deeds at 12:36 pm in Book 36121, Page 205), as the same may be amended from time to time by instruments recorded with said Deeds, which provisions, together with any amendments thereto, shall constitute covenants running with the land and shall bind any person having at any time interest or estate in the Subject Unit, including his or her family, tenants, servants, visitors and occupants, as though such provisions were recited and stipulated at length herein; 8. Easements, rights, obligations provisions, agreements, restrictions, building line limitation, zoning regulations, public utility and telephone easements, easements in favor of the Declarant of the Master Deed, and all other matters set forth or referred to in the Master Deed; and 9. The provisions of Massachusetts General Laws, Chapter 183A ("Condominiums"). For title reference see the Voluntary Withdrawal from the Registration System of the land described herein dated December 15, 2004 recorded with the Registered Land Division as Document No. 693348 and also recorded in the Suffolk Registry of Deeds in Book 36 121, Page 162. For further title see deed of Mayo Group Development, LLC to Alpine Street Realty Trust dated November 22, 2004, recorded with said Deeds in Book 36121, Page 180. The Subject Unit is intended only for residential use by not more than one family unit, nor more than two unrelated persons provided, however, that the Subject Unit may also be used as an office and/or artist's studio, but (i) only accessory to such residential use; (ii) only if and to the extent such accessory office and/or artist's studio use is permitted by the applicable zoning laws; and (iii) only in accordance with the restrictions on such office and/or artist's studio use set forth in the Bylaws of the Alpine Street Condominium Trust and Rules and Regulations thereto, as the same may from time to time be amended. The Subject Unit shall not be used or maintained in a manner inconsistent with the provisions of the Master Deed, or of this Unit Deed, or the Alpine Village Condominium Trust and the Bylaws and rules and regulations thereto, as the same may from time to time be amended. Deed herewith

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, liens, attorney's fees and costs pursuant to M.G.L.Ch.183A, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms, if any, to be announced at the sale.

Wells Fargo Bank, National Association, as Trustee for
Option One Mortgage Loan Trust 2005-2, Asset-Backed
Certificates, Series 2005-2

Present Holder of said Mortgage,
By Its Attorneys,
ORLAND PC
PO Box 540540
Waltham, MA 02454
Phone: (781) 790-7800
16-007651

November 8, 2017, November 15, 2017 and November 22

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DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.



Across

- 1 Craze
- 5 In a fog
- 10 Toppled
- 14 Breakdown
- 15 Conscious
- 16 Libretto feature
- 17 Funny Bombeck
- 18 Sherpa's country
- 19 Basketball hoops
- 20 Sampled
- 22 Pollen-bearers
- 24 Fair grade
- 25 Bothersome
- 26 Intellectual
- 29 Speedway competitions
- 33 Exclamation of disgust
- 34 Vexation
- 35 Cattle pen
- 36 Greek vowel
- 39 First-aid item
- 40 Get
- 41 Magna ~ laude
- 42 Just hired
- 43 Briefcase closers
- 44 Plant with tendrils
- 47 Patronage
- 50 Spoil the finish
- 51 Seesaw support
- 54 Illicit payments
- 58 Asian mountains
- 59 Gap
- 62 Frat Z

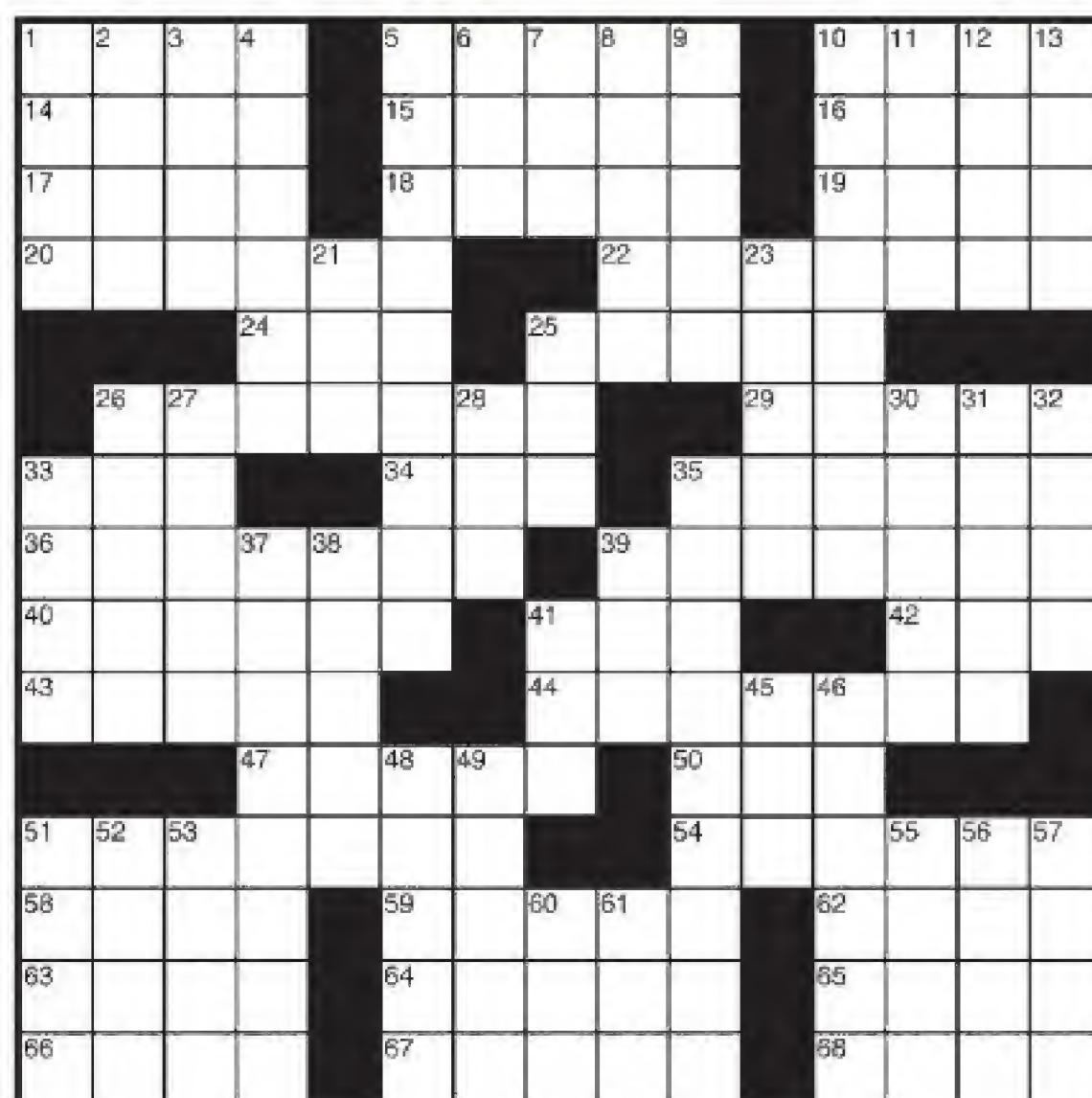
- 63 No-frills hairdo
- 64 Opera hero, often
- 65 Vitality
- 66 No sweat!
- 67 Reporter's angle
- 68 Go out with

Down

- 1 Stew over
- 2 Atmosphere
- 3 Lowers the lights
- 4 Weightlifter's move
- 5 Yellow flower
- 6 Impress deeply
- 7 Channel-surf
- 8 Destroy a tape
- 9 Shoulder muscles
- 10 Rural sight
- 11 Huron neighbor
- 12 Sketch
- 13 Edinburgh girl
- 21 Want-ad abbr.

- 23 Ohio city
- 25 Face or amble lead-in
- 26 Bossa nova kln
- 27 IOUs
- 28 Son of Val and Aleta
- 30 Rubberneck
- 31 Having keen desire
- 32 Large number
- 33 Eeyore's friend
- 35 Party tray cheese
- 37 Room
- 38 Stage platform
- 39 Prickly seedcase
- 41 Hypo units
- 45 Swab target
- 46 Valued greatly
- 48 Blows hard
- 49 Drives forward
- 51 Pseudo
- 52 Longest arm bone
- 53 Neighbor of Thailand
- 55 Dracula actor ~ Lugosi
- 56 "L'~, c'est moi"
- 57 Compos mentis
- 60 Collected sayings
- 61 Pull a fast one

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easy

		2	7	5	1			
9					6	5	2	
		3			8			7
							4	6
		4	8	6	7	9		
1	8							
4			6			1		
	1	7	4					3
			2	1	9	6		

hard

2						3		
6	4			7	8			5
		1	6			4	8	
	6				1			
8	1						5	3
			9				6	
	7	5			9	1		
1			7	2			9	4
		6						8

metro.us/horoscopes



Aries You need to find a way to get rid of some excess energy. If you let thing brew, anger will take charge. Concentrate on physical challenges that will help relieve stress.



Taurus Don't get all worked up over nothing. Plug away until you take care of your responsibilities and can sit back and relax with friends or family. Romance is highlighted.



Gemini Your playful approach to life and love will help you gain access to information that can help you meet new people. Discuss your plans with someone you love.



Cancer Refuse to let anyone take advantage of you or cause you to make an emotional blunder. Consider the changes you can make that will encourage greater happiness.



Leo Be ready to make a leap from one thing or place to another. Your ability to make things happen will surprise someone who doesn't expect you to make a move.



Virgo Bypass discussions that make you feel uncomfortable or that you are not ready to deal with. Look at what you can do, and stay in touch with people who support you.



Libra Concentrate on the relationships you have with others. Whether at work or home or when dealing with friends, a positive attitude and sincerity will help build strong ties.



Scorpio Take the lead when the chance occurs. Look at the big picture and make choices that will give you the edge and help you outmaneuver any competition you encounter.



Sagittarius Put your mind at ease by doing what's best for you. Changes you make at home or work will increase your confidence and boost your income.



Capricorn Stay focused on what you need to accomplish. Don't let petty differences stir up anxiety and cost you time and money. Walk away from touchy situations.



Aquarius You can make progress when it comes to home improvements, investments and trying to get others to pitch in and help. Don't let bad habits take control.

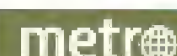


Pisces If you want something, be willing to put in the hard labor, time and effort to make it happen. Intelligence and fortitude will help you reach your goal. **EUGENIA LAST**

Yesterday's answers

SKIMP	ZITI	FAIT
LASER	ETON	OMNI
IRENE	NAPS	RILE
PLEADED	STAGGER	
TAKETO	CACTO	MOATS
WILDE	AFRO	DEBT
ODE	DEVELOP	LAO
SEEM	RENQ	HABIT
	AWARD	TOMATO
SLOSH	SPINE	
CONCORD	EMERSON	
ROSA	AIN	TINGE
USER	IDEA	ICIER
BETA	NOEL	CAPE

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Massachusetts
Nurses
Association

Unsafe patient care DOCUMENTED

Brigham and Women's Hospital nurses have written at least **200 reports** since January 2017 documenting times when patient safety was jeopardized because there were not enough RNs or support staff available.

BWH BRIGHAM AND WOMEN'S HOSPITAL
A Teaching Affiliate of Harvard Medical School
75 Francis Street, Boston, Massachusetts 02115

Nursing Department
Report of Staff Concern

Unit: 5A Date: 8/25/17 Shift: _____

Oncology

Name of Person Filing Concern (Please Print) _____ Signature _____

Staffing Count at Time of Concern:

	Regular	Per Diem	Float Pool / Other	Needed Staff to Provide Patient Care	Core Staffing as Set by Administration
RN	<u>2</u>			<u>3</u>	3
LPN	<u>0</u>				
Ancillary	1			1	1
Unit Coordinator	<u>0</u>				

Unsafe staffing is so prevalent there are no RNs available.

Patient census at time of concern: 9 Unit Capacity 9 Acuity (amount of nursing required) ☐ Hi ☒ Avg ☐ Low

Nurse Manager/Supervisor(s) Notified _____ Time 22³⁰ Response **Manager's response:**

22⁰⁰ "I'm sorry, we can't fill these needs."
"I know, I'm sorry there are 41 needs tonight"
5B will check in with you.

Please forward copies to designated recipients. Additional information (i.e., staffing sheets, schedules, etc.) may be attached.

Brigham nurses will advocate for patient safety today outside BWH at 75 Francis St. from 2:30 to 4:30 p.m.

Brigham nurses are urging Partners HealthCare to **"Bring Back the Brigham Way."**

- Provide enough nurses for safe patient care at all times
- Do not eliminate RNs who provide vital education
- Make sure very ill post-anesthesia surgery patients are cared for by nurses with critical care experience
- Improve deteriorating conditions in the OR and NICU

There is no excuse for these problems. Partners HealthCare reported huge financial gains this year, and our patients deserve high-quality care no matter what.